

Co-Workers On The MOVE!

Kristin Huffman

Kristin knew she wanted to be in the health care industry but had no idea she would enjoy HR as much as she does. She got her first experience in HR doing an internship in a small community hospital. From that moment, she knew she wanted a career in HR. She has continued to choose this career path to not only be in a position of influence but to have the chance to have a positive impact on others' lives. She thoroughly enjoys helping develop people around her and she loves the variety and challenge HR brings. No workday is exactly the same and that brings a lot of variety to her role.

Kristin worked in a hospital setting for nine and half years in the HR department and then she went into the trade industry as a HR/Payroll Manager for a plumbing, heating, cooling, and electrical company.

She was very fortunate that Andy Tsapatsaris, Executive Director, at PCA Nashville hired her for the HR Manager role back in 2019. There was an opening and she was very excited to get back into the health care setting. She was highly impressed with the pharmacy and their mission, vision, and values.

She quickly moved to a Senior HR Manager role and then was promoted on May 1st of this year as the Director of Employee Services.

She would say the first HR Director that she reported to was her biggest influencer. She hired Kristin with little experience and took a chance on her to help her get her foot in the door at a young age. She helped develop and mold Kristin into the person she is by allowing her to solve problems, contribute to decision-making, coach her through difficult situations, and trust her judgment when it mattered.

PCA has continued to provide numerous opportunities for Kristin to allow her to further her career. She has been able to grow and learn more about long-term care and also utilize her skill set in different ways to navigate through challenging situations. PCA has continued to offer her not only guidance but full support from the leadership team. Without that, she would not be able to be successful or further her career development. She is blessed to work with so many great team members at PCA.

Kristin has taken advantage of trainings that PCA has to offer and it is extremely helpful in areas of leadership development. She has been able to gain additional knowledge that can be used going forward. She hopes one day to continue to inspire and contribute to the development and advancement of others' careers. Kristin's future goal would be to become a higher level Executive where her influence would be even stronger.

Kristin likes the sense of belonging she has with being part of the team at PCA. "PCA is the BEST place I truly have ever worked." She can say without a doubt that PCA cares not only for the residents but for the employees. PCA is always looking for ways to continue to be better and she is excited that she gets to be a part of the TEAM.



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While this can be a challenge at times, she always strives to have a good work life balance. She makes sure that she has enough time for her family while also meeting work demands. She makes sure that if there are tasks that can wait, she will push it to the next day if necessary. PCA has done a great job supporting her in this area and encouraging a healthy work life balance.

Kristin enjoys reading, traveling, spending time with friends and family, and taking photographs. She used to have her own photography business for several years. She has been married for 17 years and has 3 children (one set of boy/girl twins). She has a Bachelor's of Science and a MBA, both with a concentration in Health Care Management. Kristin has a HR certification (PHR) from HRCI. It is a highly recognized certification in the Human Resources industry. This stands for Professional in Human Resources. She has a goal to obtain a second certification with SHRM in the near future.

Kristin's advice would be to never give up on your career goals and always put yourself out there because you never know what opportunities will come available. Always find ways to better yourself and present solutions when faced with challenges. Work hard, be positive, and treat others with upmost respect.

Quotes about Kristin!

"Kristin came to us with her PHR Certification and MBA back in April 2019. I always felt her talents were being underutilized when she was hired as PCA Nashville's HR Manager. Although I felt lucky we were able to bring her onboard it's no surprise after two years she has worked up to Director of Employee Services.

Exhibits professional expertise and has great communication and organizational skills.

Helping PCA Nashville prepare for our first HQAA Audit and taking charge of all the HR related areas with awesome results.

PHR Credentials along with the interpersonal skills to get the job done by being a startegic thinking HR Professional."

Andy Tsapatsaris, Executive Director of PCA Pharmacy in Nashville

